

Adrian Green

For the Worldwide membership of The Third Order of Saint Francis

Prayer of St Francis

(The Absorbeat)

The absorbeat is a medieval prayer which was much loved by St Francis; he prayed it often. The prayer is incorporated in the Third Order Office, being said daily by members of the Third Order throughout the world.

This piece was commissioned by Heather Hall TSSF- Solent Area- not only to Celebrate the founding of the Third Order, by Francis in 1221, eight hundred years ago; but also, as a thanksgiving for her twenty-five years as a professed Tertiary.

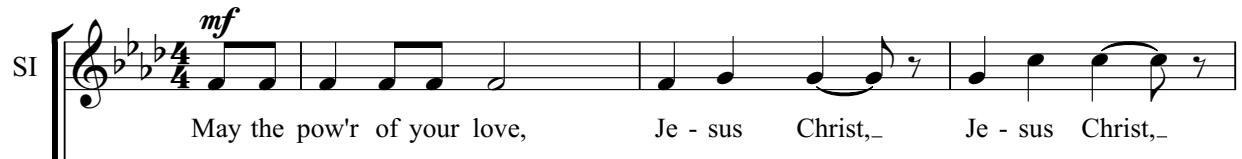
*for the Worldwide membership of
The Third Order of Saint Francis*

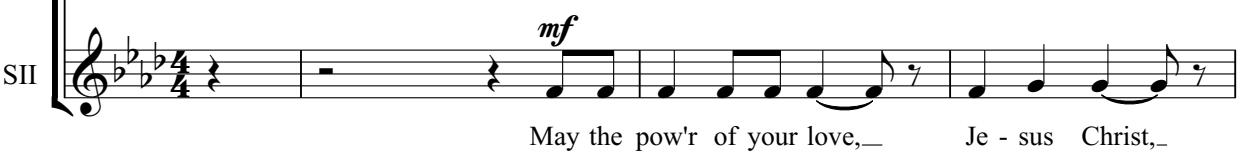
Prayer of St Francis

(The Absorbeat)

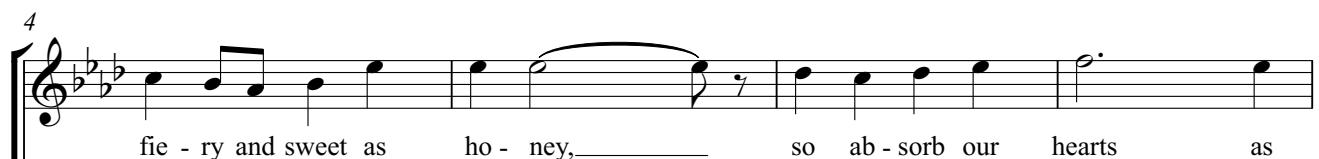
Attrib. St Francis;
Medieval origin.

Adrian GREEN

SI 

SII 



4 





8 



4

12

S *mp*

A *mp*

T *mp*

B *mp*

Rehearsal



16

no cresc.

so ab - sorb our hearts as to-with draw them from all that is un - der heav'n.

so ab - sorb our hearts.

sorb our hearts, our hearts.

sorb our hearts.

21

1st: **p**
2nd: **p** < *mp*

* altos can join tenors

Grant, grant that we may be ready to die for love of
Grant, grant that we may be ready to die for



26

your love as you died for love of our love
love as you died for love of our love

31

May the pow'r of your love,
Je-sus Christ, Je-sus Christ, fie-ry and sweet as

Grant, grant that we may be rea-dy to die for love of

Grant, grant that we may be rea-dy to die for



ho- ney, so ab-sorb our hearts as to with-draw them from all that is un-der

your love as you died for love of our love

love as you died for love of our love

41

heav'n, un-der heav'n, un-der heav'n, for love fie - ry and sweet as

Grant, grant that we may be rea-dy to die for love of

Grant, grant that we may be rea-dy to die for

≡

46

ho- ney, so ab-sorb our hearts as to with-draw them from all un-der heav'n

your love as you died for love of our love

love as you died for love of our love

51

mp

SI

So ab - sorb our hearts, _____ so ab - sorb our hearts, _____

SII

So ab - sorb our hearts, _____ so ab - sorb our hearts, _____

A

So ab - sorb,___ so ab - sorb our hearts, so ab - sorb our hearts,___

TI

8 So ab - sorb our hearts, so ab - sorb our hearts, so ab -

TII

8 So ab - sorb our hearts, so ab - sorb our hearts, so ab -

BI

So ab - sorb our hearts, so ab - sorb our hearts, so ab -

BII

So ab - sorb our hearts, so ab - sorb our hearts, so ab -

55

cresc.

so ab - sorb our hearts, _____

so ab - sorb our

cresc.

so ab - sorb our hearts, _____

so ab - sorb our hearts, so ab -

cresc.

so ab - sorb our hearts, our hearts, so ab - sorb, ab-sorb our hearts, ab -

cresc.

8

sorb our hearts, our hearts, our hearts, ab-sorb our hearts, our hearts, our hearts, _____

cresc.

8

sorb our hearts, our hearts, ab-sorb our hearts, our hearts, ab-sorb our hearts, our _____

cresc.

sorb our hearts, our hearts, our hearts, ab-sorb our hearts, our hearts, our hearts ab-sorb our _____

cresc.

sorb our hearts, so ab - sorb our hearts, so ab - sorb our _____

10

60

f

hearts so ab - sorb our hearts from all un - der heav'n.

sorb our hearts, so ab - sorb our hearts from all un - der heav'n.

hearts, so ab - sorb our hearts, from all un - der heav'n.

sorb our hearts, ab - sorb our hearts from all un - der heav'n.

so ab - sorb our hearts, ab - sorb our hearts all un - der - heav'n.

hearts, so ab - sorb our hearts from all, from all un - der heav'n.

hearts, ab - sorb our hearts from all un - der heav'n.

hearts, so ab - sorb our hearts from all un - der heav'n.

hearts, so ab - sorb our hearts from all un - der heav'n.

65

p

Grant, grant that we may be ready to die for love of your love_

Grant, grant that we may be ready to die love of your love_

8

{

8



71

as you died for love of our love_

as you died for love of our love_

8

{

8

12

75

Grant, grant that we may be ready to die for love of

Grant, grant that we may be ready to die love of

May the pow'r of your love, Je-sus Christ, Je-sus Christ, fie-ry and sweet as

==

80

rit.

your love as you died for love of our love //

your love as you died for love of our love //

no cresc.

rit.

ho- ney, so ab-sorb our hearts as to with-draw them from all //

Slower

85 A - men. // **mp** A - men. //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

So ab - sorb our hearts, // So ab - sorb our hearts, //

=====

89 **p** un - der heav'n.

So ab - sorb our hearts, un - der heav'n.

So ab - sorb our hearts, A - men.

So ab - sorb our hearts, un - der heav'n.

So ab - sorb our hearts, A - men.

So ab - sorb our hearts, // So ab - sorb our hearts, //

23rd June 2020
Portsmouth